



The Legionnaire

Tidewater Post 327

705 Lesner Avenue
Norfolk, VA 23518

Service Officers: (757) 227-5296 (Fax) 961-5537
Club Room Phone: (757) 587-2641 Post Office: (757) 937-3146

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DECEMBER 2021

POST OFFICERS

Commander: Roger Kelly
1st VCDR: Byron Pionalto
2nd VCDR: Rick McDonald
3rd VCDR: Tony Moore
Adjutant: Evan Glendinning
Finance: David Seate
Service Officer: Bob DeChamplain
Chaplain: Rickey Brown
Sgt-at-Arms: Ian Gorman
Historian: Alex Bascom

Exec Board

Gene Niedholdt
Tim Gonyea
Fred Knall
John (JB) Richardson

LEGION RIDERS

Director: Derrick Johnson
Asst Dir: Shane Kelly
Adjutant: Rob Buckhalter
Treasurer: David Seate
Safety Officer: Keith McCauley
Chaplain: Mike Moranha
Sgt-at-Arms: Vacant
Road Captains: Keith Palmer

Exec Board

Al R. Gnome

SAL SQUADRON

CDR: Fred Vaccarella
1st VCDR: Dave Samson
2nd VCDR Mike Schmidt
Adjutant: James Doty Jr.
Treasurer: Jeff Evans
Chaplain: Rocky English
1st Sgt-at-Arms: Wayne Turner
2nd Sgt-at-Arms: Frank White
Historian: Dan Schmidt

Exec Board

Steve Gower
Milo Cross
Kenneth O'Bryan

AUXILIARY

President: Crystal Cross
Vice President: Yvonne Thibeault
Secretary: Salina Kiel
Treasurer: Jan Dumstorff
Chaplain: Marcia Brothers
Sgt-at-Arms: Kellee McCarty
Historian: Jane Evans

Exec Board

Karen Stull
Patty Hibner
Linda Woody

COMMANDER: The Holiday Season and colder weather has snuck up on us once again. Can't believe that 2021 is almost gone. Mother Nature did provide us with one last warm day on Veterans Day so that many could enjoy the parade at the oceanfront in Virginia Beach. I want to thank 2nd Vice Commander Rick McDonald and his staff for a wonderful Baby Back Rib dinner that night at the Post! Chief Nichole Donahue and her crew of Chiefs and Chief (Selects) were on hand and volunteered to serve the dinner. Tommy Turner and his group of volunteers again did a superb job this year with the Thanksgiving Dinner! Looking forward to the Holiday Bash on Dec 17th, and the New Year's Eve Party. I've been given a small preview of what's planned and let me tell you, you need to come out and enjoy those two evenings.

I am very pleased to see so many members back at the Post, and larger crowds again in the club room. But I must say that we need to police ourselves a little better when it comes to our treatment of our members and our behavior. Please

remember to be courteous toward other members that are also trying to enjoy themselves. I have been receiving multiple complaints and issues brought to my attention lately. **THIS TYPE OF BEHAVIOR MUST STOP NOW AND WILL NOT BE TOLERATED.**

I hope everyone stays safe, healthy, and happy this Holiday Season. And here's to a great start to the new year! Merry Christmas! For God and Country Roger Kelly
UPCOMING EVENTS: Dec 17th @ 8 PM Adult Christmas Party in Club Room, Dec 24th Club Room closes at 6 PM, Dec 25th Club room closed, Dec 31st New Years Eve Party 9 PM – 1 AM.

FIRST VICE COMMANDER: We are currently at 75% of our goal for 2022. Please renew as soon as possible for the upcoming year as your **2021** Membership card expires on Dec 31st for everyone no matter what your date you joined. Also if you have an entry FOB it will stop working at midnight Dec 31st. **Using MyLegion.org you will need to have an email**

connected to your account, if you an old email in your account please contact us and we will update your information so that you register or if you have any other problems with your account please contact us. Anyone that has an **honorable** discharge after Dec 7th, 1941, is able join. For God and Country, Byron Pianalto

SECOND VICE COMMANDER: Well, the holidays are around the corner. Post 327 will be hosting a Holiday celebration on Friday 17th of December 2021. We have live entertainment and door prizes as well as snacks and finger foods. C'mon down and join us starting at 8PM to midnight. And for the New Year's Eve gala, it will be more of the same as we have DJ Mike and more to bring in the new year! For God and Country. Rick McDonald

ADJUTANT: Hello Post 327 family, I would like to wish everyone a very Happy holiday season! I hope it is filled with safe fun, laughter and with a lot of friends and family. We are still collecting **Toys for Tots** until the 14th of December. If you would like to bring in a toy, it has to be new, still in its packaging and be unwrapped. Also, if you do any community service/volunteer work, please keep track of it and let me know. That information gets included at the end of year Consolidated Post Reports. I know the members from Post 327 family does a lot for the community and I want to brag about that in the reports. In order for me to brag about how much we do, I first need to know what you did and how many volunteer hours. We do have volunteer logs in the office. So, if you need one, feel free to come in and get one. You can also regularly turn in volunteer hours. I have a binder at my desk to put all that stuff in. Also, it is getting close to end of the year. If you haven't done so already, make sure you renew your membership! To avoid any delays, it is often better to renew sooner rather than later! If you have any comments, questions or concerns, feel free to reach out! Once again, I hope you and your family has a safe and wonderful holiday season! For God and Country, Evan Glendinning, Post Adjutant

SERVICE OFFICER: During the Month of October service officers spoke with 202 veterans, spent 281 hours and logged 1244 miles. I want to thank all the service officers for the hard work they do.

TRICARE Pharmacy Network: Walmart Out, CVS In
After three years, Walmart is leaving Tricare's pharmacy network -- a departure that pharmacy benefit manager Express Scripts says is a result of the retail giant's reluctance to offer "more highly competitive discounts" to military health beneficiaries. At the same time CVS Pharmacy will return to the Tricare network after a five-year hiatus, a change Express Scripts spokeswoman Jennifer Luddy said 20 OCT would expand choice within the network.

Effective Dec. 15, 2021, Walmart and Sam's Club will no longer be a part of the Tricare pharmacy network, and CVS will be included among the list of network retail pharmacies where Tricare users can fill their

prescriptions. "This change provides more competitive rates for the Tricare pharmacy benefit and expands quality, convenient pharmacy choices nationwide. Meanwhile, CVS, a company that left the Tricare network in 2016, also after negotiations failed, will return to the network, giving beneficiaries access to its nearly 10,000 pharmacy locations, including inside many Target stores. Pharmacy copay's have risen substantially over the past 10 years, in large part due to cost but also as required by Congress as part of a cost-cutting measure to the defense medical budget. In 2011, 30-day prescriptions of generic medications and brand-name drugs could be purchased at a network pharmacy for \$3 and \$9 copayments, respectively, while medications not in Tricare's formulary cost \$22. The mail-order system offered generic medications at no cost and brand name formulary drugs for a \$9 copayment for 90-day prescriptions. This year, Tricare beneficiaries pay \$11 for a 30-day supply for a generic drug and \$33 for a brand-name medication at retail pharmacies. Non-formulary drugs not listed in Tricare's list of covered medications cost \$60. Copayments for the mail-order pharmacy run \$10 for a generic prescription and \$29 a brand name drug for a 90-day script. And the rates are expected to rise next year.

Luddy said that Express Scripts will be reaching out to patients who take specialty medications to help them transfer their prescriptions without a gap in coverage. According to Express Scripts, the Tricare pharmacy network covers 56,000 stores, including chains such as Walgreens and Rite Aid and supermarkets like Kroger and Publix. Tricare provides coverage to 9.6 million beneficiaries worldwide.

For God and Country, Bob DeChamplain

CHAPLAIN: December, the last month of the year.

This month I like because of the music that I hear during this time of the year are about our Savior, and two, people speak (Merry Christmas) to each other. Enjoy your holiday and be safe. For God and Country, Rickey Brown

LEGION RIDERS: Happy Holidays!! As we bring the riding season to a close, we are proud to say we have had a very safe season. We will be having our annual Christmas party which is always a fun time. The Legacy Run is sponsoring a 4-gun raffle. Please see a rider for tickets, you will have 4 chances to win for each ticket purchased!! The riders would also like to welcome Nansemond ALR Chapter 88 as Virginia's newest Rider Chapter! For God and Country Derrick "DJ" Johnson, Rider Director

ATHLETIC OFFICER: Greetings all, this was an interesting year. Our baseball and softball teams were allowed back on the field. Baseball was abbreviated due to its early start. Our softball team played hard and showed real grit. The fall team advanced to the playoffs. They won two games before losing to finish fourth in the city. There wasn't enough interest in darts to form a league. We will try again next year. Corn hole continues on the 2nd and 4th Wednesday at 6:30. May

everyone have a Merry Christmas or the celebration of your choice. Till next month/ year...

For God and Country, Jeff Evans, A O

SQUADRON COMMANDER: HO, HO, HO Legion Family Can you believe 2021 is about gone? We had a GREAT Veteran's Day fund raiser because of all you benevolent and gracious people. The Sons raised \$1125.00, and The SAL Commander Challenge was met by the Post Commander Roger Kelly. The Post agreed to match what the SAL raised. Together we raised a total of \$2250.00. We achieved this only because of you generous members. We will donate this money to OCW, VCF and other charities.

The SAL donated \$200.00 to the Auxiliary for the Angel Tree. We also donated to the Food Bank and Union Mission. 1st Vice Commander Dave Samson thanks you for our membership renewals and new members. We are over 50% of our 2022 goal. This being stated, January 1, 2022, is upon us and members you will need to have a 2022 membership card to enter the Post. Our Meatloaf Dinner Night was a huge success! We'll have to have this dinner again some time. I think it was Jennifer's homemade mashed potatoes that drew everyone in for dinner! The SAL is taking December off. There will not be a SAL dinner night in December. SAL Wayne Turner invites you to the social lounge to indulge in a libation and to sup on one of his award-winning Crunchy Plaque Cleaning Crispy Pizzas. The SAL sure hopes everyone had a Blessed Thanksgiving shared with family and friends.

VA&R/CDCE: Hampton VA Medical Center thanks the Post for their generous quarterly donation of \$500.00 to the general fund account. There are no Stand Downs scheduled at this time. It is time to harvest 2022 calendars to be taken over to the hospital for the resident patients and anyone else in need of a calendar at the hospital. The VA needs underwear, white tube socks, gloves, stocking hats, etc. because "Baby it's cold outside".

VE&E: We are planning to hold a career fair in January. See our Post Adjutant Evan Glendinning for details. Evan is the Detachment Committee VE&E Chairman.

Please keep all of those in need or who are ill in your prayers. For God and Country, Fred Vaccarella

ALA PRESIDENT: First thing – Membership Dues – If you have not renewed for 2022, please do so as soon as possible before the end of the year. Yvonne has been busy reaching out to everyone to help ensure your dues stay current. With Christmas comes the Angel Tree at the Post home. The tags on the Angel Tree are for the children of our Homeless Veterans in a program at VAMC Hampton. Please grab a tag and help us support our Veterans Children during these difficult times for them. At time of this newsletter input, we are awaiting a turn in date for the gifts and will get that date posted in the Post home and on Facebook as soon as we have a firm date. Our December Fundraiser dinner will be Beef Stroganoff with peas and carrots and a roll and dessert.

We hope to see you there for this yummy meal. During our meeting December 7th we will be deciding what we can do for our local kids and veterans during this Christmas season. Covid still has so many activities limited, and we need your ideas. Also, to note, at this time we cannot take any donations of pill bottles. We are still limited in what we can give to the VAMC Hampton, and other groups and we have over 200 sewing kits ready to give and boxes and boxes of bottles in stock. We appreciate everyone that has been turning them in. The Unit has signed up for Wreaths Across America to be held at 12 noon at Horton Cemetery in Suffolk. If you are interested in helping to lay wreaths for our veterans, please reach out and let us know. To recap our November activities, we started the month off with a terrific made from scratch Lasagna dinner by Patty Hatke which was enjoyed by all. Thanks to Patty, Jane, Debbie, Yvonne, and Jan for all of the help to make this a success and to Mark for always assisting at our ALA dinners! Thanks to our crochet group, Charlene, Sue, Ruby, Kay and Anne for their donations of time and materials to allow Unit 327 to deliver 30 sets of hats and scarves to Suburban Park Elementary School for them to give with their Thanksgiving Baskets. The Unit made its quarterly visit to St. Mary's Cemetery to pay respects to the French Sailors and held the Christmas Bazaar to support Girls State. Between the Air Fryer Raffle during our Lasagna Dinner and the Christmas Bazaar we raised \$331 towards Girls State. Our 2nd Annual Turkey bowl coordinated by Carol was a great success with some great prizes from Harbor Freight, NFL teams, Powerhouse, and others. Thanks to Carol and everyone that took part and help with this event! I want to wish everyone a very Merry Christmas, Happy Holidays, and a Wonderful New Year. I wish everyone good health and happiness all year and pray that Covid gets under control and the ALA can do more for our Veterans at the hospital and our active duty and community in the coming year. For God and Country, Crystal Cross, ALA President

HONOR GUARDS CORNER: 2021 is all most over and it's been a good year for the Honor Guard . We are looking foreword to 2022 and know it should be good year as well. Everyone in the Guard wishes all of you a Merry Christmas and a Happy New Year. For God and Country Gene Niedholdt

CLUBROOM MANAGER: Hello everyone! I hope you all had a wonderful Thanksgiving and was able to spend time with family and friends. I want to remind those of you who have a locker that the locker fee is due 31 December 2021 and must be paid in order to keep your locker. Our dinners seem to be going well and breakfasts have started to increase. Our kitchen is now open, and our cooks are ready to serve you. We are working on new entertainment as well as our karaoke and hope we have something for everyone. See calendar for details. Wishing you and your families a very Merry Christmas and if you party New Year's Eve please be safe!! For God and Country, Sandi Wright

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Service Officers are available on Mondays, Tuesdays and Thursdays between the hours of 10AM to 4PM. No Service Officers for the week of Christmas, Dec 20th - 24th.</p>			<p>1</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>7:00 PM 40/8 Promenade @ Post 327</p>	<p>2</p> <p>12:00 PM -2:00 PM Lunch Special - Chili</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>3</p> <p>6:00 PM ALA Dinner - Beef Stroganoff</p>	<p>4</p> <p>6:00 PM -10:00 PM Kitchen Open</p>
<p>5</p> <p>9:00 AM -11:00 AM Breakfast</p> <p>1:00 PM Legion Bowling</p> <p>Kitchen Open - 2:00 PM til ?</p>	<p>6</p>	<p>7</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>7:00 PM ALA Exec Mtg</p> <p>7:30 PM ALA Regular Mtg</p>	<p>8</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>9</p> <p>12:00 PM -2:00 PM Lunch Special - Fish & Chips</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>10</p> <p>6:00 PM Dinner by Patty - Cheese Ravioli</p>	<p>11</p> <p>9:00 AM -11:00 AM Mu Beta Phi Fraternity</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>7:30 PM Karaoke - Ricky Stil</p>
<p>12</p> <p>9:00 AM -11:00 AM Breakfast</p> <p>1:00 PM Legion Bowling</p> <p>Kitchen Open - 2:00 PM til ?</p>	<p>13</p> <p>7:00 PM Son's Executive Mtg</p> <p>7:30 PM Son's Regular Mtg</p>	<p>14</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>7:00 PM Post Executive Mtg</p> <p>7:30 PM Post Reg Mtg</p>	<p>15</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>6:30 PM VVA Chapter 48 Reg Board Mtg</p>	<p>16</p> <p>12:00 PM -2:00 PM Lunch Special - Ham Salad Sandwich</p> <p>6:00 PM -10:00 PM Kitchen Open</p> <p>6:30 PM Legion Riders Mtg</p>	<p>17</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>8 PM - 12 AM Adult Christmas Party</p> </div>	<p>18</p> <p>6:00 PM -10:00 PM Kitchen Open</p>
<p>19</p> <p>9:00 AM -11:00 AM Breakfast</p> <p>1:00 PM Legion Bowling</p> <p>Kitchen Open - 2:00 PM til ?</p>	<p>20</p> <p>7:00 PM Honor Guard Mtg</p>	<p>21</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>22</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>23</p> <p>12:00 PM -2:00 PM Lunch Special - Chicken Enchiladas</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>24</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Club Room closes @ 6 PM</p> </div>	<p>25</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Merry Christmas</p> <p>CLUB ROOM CLOSED</p> </div>
<p>26</p> <p>9:00 AM -11:00 AM Breakfast</p> <p>Kitchen Open - 2:00 PM til ?</p>	<p>27</p>	<p>28</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>29</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>30</p> <p>12:00 PM -2:00 PM Lunch Special - Ham & Bean Soup</p> <p>6:00 PM -10:00 PM Kitchen Open</p>	<p>31</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>9 PM - 1 AM New Years Eve party</p> </div>	