



The Legionnaire

Tidewater Post 327

705 Lesner Avenue

Norfolk, VA 23518

Service Officers: (757) 227-5296 (Fax) 961-5537

Club Room Phone: (757) 587-2641 Post Office: (757) 937-3146

WEBSITE: www.legion327.com

E-Mail: amlg327@yahoo.com

APRIL 2023

POST OFFICERS

Commander: Roger Kelly
1st VCDR: Byron Pianalto
2nd VCDR: Linda P. Blaker
3rd VCDR: (DJ) Derrick Johnson
Adjutant: Evan Glendinning
Finance: David Seate
Service Officer: Bob DeChamplain
Chaplain: Keith Palmer
Sgt-at-Arms: Linda P. Blaker
Historian: TBD

Exec Board

Tim Gonyea
Michael McCann
Michael Encalade

LEGION RIDERS

Director: (DJ) Derrick Johnson
Asst Dir: Keith Palmer
Adjutant: TBD
Treasurer: David Seate
Safety Officer: Keith McCauley
Chaplain: Mike Moranha
Sgt-at-Arms: Vacant
Road Captain: Keith McCauley

Exec Board

Al R. Gnome

SAL SQUADRON

CDR: Fred Vaccarella
1st VCDR: Dave Samson / Wayne Turner
2nd VCDR David "Benski" Vernon
Adjutant: James Doty Jr
Treasurer: Jeff Evans
Chaplain: Rocky English / Frank White
1st Sgt-at-Arms: Mike Schmidt
Historian: Evan Glendinning
Historian: Dan Schmidt

Exec Board

Steve Gower
Milo Cross
Kenneth O'Bryan

AUXILIARY

President: Mary Taggart
Vice President: Helen Lynum
Secretary: Jeanne Hartman
Treasurer: Jan Dumstorff
Chaplain: Marcia Brothers
Sgt-at-Arms: Patty Hibner
Historian: Jane Evans

Exec Board

Karen Stull
Jan Dumstorff
Crystal Cross

COMMANDER: SECOND NOTICE: Election of Post Officers for 2023-2024 fiscal year will be at the May Post Meeting. If you are interested in running for a position, please submit a letter of intent stating what position you are running for. You can submit these letters via email (amlg327@yahoo.com) or directly to the Post Adjutant. Please remember that this is a yearlong commitment. We have had so many great events hosted at the Post recently. Our 2nd Vice Linda Blaker and 3rd Vice Derrick Johnson have been doing an outstanding job. Thank you to all of those that represented Post 327 in the St. Paddy's Day Parade. Looking forward to warmer weather and make sure to keep up with Facebook, the newsletter, and the text messages about all upcoming events! If you know anyone or your one of our members that haven't renewed yet, please come in and take care of getting your 2023 card. For God and Country Roger Kelly

FIRST VICE COMMANDER: We are currently at 96% goal so please keep these renewals coming in. Remember anytime you are at the Post you are required to have your card in your possession. Legion Post members can also use mylegion.org/renew to renew your Membership online. For God and Country, Byron Pianalto

SECOND VICE COMMANDER Hello April!! What a crazy, wonderful, hectic & busy March we had!! I must apologize to ALL our phenomenal Women Veterans. I lost track of time and didn't get a celebration set up for you, I will do better. Upcoming events are:
1 April @ 6PM DJ Groovy is in the house!!
7 April @ 7PM Dance Good Friday Game Night
8 April @ 7:30 DJ/KJ Ricky "Trickster" Still
14 April @ 6PM Scotty's Steak, Shrimp & a Show!
Frank sings Frank \$25.00 includes dinner and show!
14 April @ 6PM Rider's hosting a Kids Movie Night in the Hall!!
15 April @ 8PM DJ/KJ David Lane
22 April @ 7:30 DJ/KJ Ricky "Trickster" Still
28 April @ 7PM Paint & Sip in the Hall, with Emma Bozeman.
29 April @ 6PM Celebrate Scotty Dunning
For God and Country, Linda P. Blaker

ADJUTANT: Hello everyone, April 1st will be our education fair from 12 PM to 3 PM. We are working on getting a job fair set up for April 15th! More info to come! A big thank you to everyone that helped at the Veterans Help Veterans event. I would like to thank C Jay for doing the animal balloons. I would like thank

Jenn and Ashley for helping with face painting. Huge thank you to DJ for the awesome music. Black Rifle Coffee Company supplied some free and delicious coffee and tea. Freemason Abby, Strawberry Fields and Black Rifle Coffee Company supplied items for our door prizes. Also, a huge thank you to all the nonprofits that came out to set up a table to help our local veterans.

Next month will be elections for Post officers. If you are interested in what a Particular position does, feel free to reach out and we would be more than happy to go over details. You can also read more in our Constitution and By Laws on our website. Our website is legion327.com If you have any comments, questions or concerns feel free to reach out and we would be more than happy to see what we can do! I hope all is well! Live long and prosper! For God and Country, Evan Glendinning

SERVICE OFFICER: During the Month of March service officers spoke with 143 veterans, spent 289 hours and logged 674 miles. I want to thank all the service officers for the hard work they do.

VA Disability and exposure to Burn Pits:

If you served in any of these locations and time periods, we've determined that you had exposure to burn pits or other toxins. We call this having a presumption of exposure. On or after September 11, 2001, in any of these locations:

Afghanistan	Djibouti
Egypt	Jordan
Lebanon	Syria
Uzbekistan	Yemen

The airspace above any of the listed locations above.

On or after August 2, 1990, in any of these locations:

Bahrain	Iraq
Kuwait	Oman
Qatar	Saudi Arabia
Somalia	The United Arab Emirates (UAE)

The airspace above any of the listed locations above.

These cancers are now presumptive:

Brain cancer	Gastrointestinal cancer of any type
Glioblastoma	Head cancer of any type
Kidney cancer	Lymphatic cancer of any type
Lymphoma of any type	Melanoma
Neck cancer of any type	Pancreatic cancer
Reproductive cancer of any type	
Respiratory (breathing-related) cancer of any type	

These illnesses are now presumptive:

Asthma that was diagnosed after service	
Chronic bronchitis	Chronic sinusitis
Chronic rhinitis	Emphysema
Chronic obstructive pulmonary disease (COPD)	
Constrictive bronchiolitis or obliterative bronchiolitis	
Granulomatous disease	Pulmonary fibrosis
Sarcoidosis	Pleuritis
Interstitial lung disease (ILD)	

Talk to a qualified service to learn how to file for your benefits. For God & Country, Bob DeChamplain

CHAPLAIN: My brothers and sisters, many are going to be doing those things that have been put off during the Fall and the Winter months, to start on their Spring cleaning. Remember, you need to make time for yourself and enjoy those little things in life that brings you joy and happiness as an individual and let us not forget about spending that quality time with your family. 1 John 4:7 - Beloved, let us love one another. For God and Country. Keith Palmer, Chaplain

LEGION RIDERS: Happy Spring!!! It's time to dust off the bikes and get our maintenance done! The riding season is upon us!! The riders are selling tickets for the Legacy Run...drawings to be held in June for 50/50 approximately \$5k in your pocket and a raffle for a chance to win one of 4 guns!! See a rider for tickets!! The riders are looking for 10 people to sponsor a Esports tournament!! Sign-ups soon!!!

We are having a Free Kids Movie night April 14th!! This coincides with the Post benefit dinner & show! Sign-ups coming soon!! For God and Country, "DJ" Derrick Johnson, Riders Director

ATHLETIC OFFICER: Greetings to all, opening day for Ocean View little league was held on the coldest Saturday of the winter. Post Commander Roger and Squadron Commander Fred joined me as we watched our very own Honor guard Post colors. Thank you to the ladies and men for braving the elements. Our traveling softball team played in a tournament the last weekend of last month. I will report about their success next month. Till then... For God and Country, Jeff Evans, A. O.

SQUADRON COMMANDER: Greetings Legion Family and Friends! Here we go to warmer days ahead. The vernal equinox was March 20th which marks the first day of Spring for 2023. Flowers are blooming and the yellow green pollen paints our vehicles. Those with allergies hate this time of year but it is also a signal of new life and growth.

Our SAL squadron is blooming also with new members. We have 28 new SAL members year to date.

As of the date of this writing for the April newsletter 1st Vice Commanders **David Sampson** and **Wayne Turner** proudly state that we are at 87.68% and surpassed March's goal of 80%. Come on Boys, we only need 25 more to hit our goal of 203 members (100%)! Help us find new members. Membership is our lifeblood. Remember if it is inconvenient to come in to pay your dues you are now able to renew online via legion.org.

When Squadron #327 met at the Spring Conference at the Renaissance in Portsmouth our National Commander and his wife attended the whole meeting. Commander Carlton was there to hear your Squadron donate \$7250.00. The total Squadrons in the Detachment of Virginia is 68. The total of the SAL Detachment of Virginia donations was \$12603.00. So here is where we can brag! Our donation of \$7250.00 was 57.54 % of the total amount donated by the Detachment of Virginia. This is Outstanding!

The bulk of our contribution to TAL charities went to: OCW, VCF, COTA and Special Olympics.

The only reason we can shine like this for Post # 327 is because

of your loyal support of our fundraisers and dinner nights. So, slap yourselves on your backs and congratulate each other for all that you do to support your Sons of the American Legion at your Post.

2nd Vice Commander **Benski** thanks you for your support of our SAL March dinner. We sold out again!

Chef Benski will be serving a special Easter Sunday dinner for all of us April 21st. Dinner will be Ham, Potato Salad, Veggie, Roll and Dessert from 6 to 8 pm. or until we sell out. You don't want to miss this savory dinner!

2nd NOTICE: This is the 2nd notice of upcoming elections for the 2023-2024 year. Hey, why not get more active and become an officer supporting this nationally awarded SAL Squadron? If you wish to run for an office, see the SAL Executive board: PNVC **Steve Gower**, SAL **Kenny O'Bryan** or Dual **Milo Cross** to have your name added to the list of Nominees.

VAVS/CDCE: We may not be able to volunteer time at the Hampton VA Medical Center, but we sure can collect and send over needs items for our Veterans. Here are a few suggestions: White socks, Underwear male and female, infant needs like for our lady Vets' newborns: diapers, powder, blankets, bottles, baby formula, etc. Hygiene items like: toothpaste, toothbrushes, mouthwash, sanitary wipes, etc. Remember mouthwash can contain no alcohol.

The Post Purchased 50 boxes of Girl Scout Cookies to send to the VA. 50 more boxes will be sent to our overseas troops via the USO.

VE&E: Our VE&E chairman, Post Adjutant and SAL member **Evan Glendinning** is hosting an education fair at the Post for our Veterans on April 1st. The theme for this event is **"Don't Be a Fool, Go to School"**. There will be a large variety of educational information, Schools, and Vo techs in attendance to help guide those interested in furthering their education. All these educational sources are Veteran friendly and knowledgeable of all benefits available. For mor info contact **Evan**.

The squadron donated \$1327.00 to VE&E accounts. Here is the breakdown: \$300.00 to homeless chronically ill, \$300.00 to occupational therapy and mental health, \$400.00 to general homeless account and \$327.00 to suicide prevention.

Veteran suicides are down but still we are averaging 22 per day nationally not counting those that are not reported. Employ the S.A.V.E. acronym to **BE THE ONE!** S= look for signs, A= ask the question do you feel like harming yourself? V= validate what the Veteran is saying, E= encourage and help expedite treatment and /or counseling. Remember the Suicide Prevention hotline

988 #1

Please pray for all of those in need whether medically or otherwise. Keep our SAL 1st Vice Commander and your mixologist **Wayne Turner** in your prayers for a quick 100% recovery. Pray for those who have passed and their families and pray for our Troops and our country.

For God and Country, Fred Vaccarella

ALA PRESIDENT: Goodbye winter, Hello Military Child Month

and Spring! **2nd Notice for TALA Unit Officer Elections for the 2023-2024 year** to be held at the May 2nd regular meeting This year's nominating committee is Crystal Cross, Jane Evans, Karen Stull, and Mary Taggart. If you are interested in running for office, please contact a member of the nominating committee. Anyone interested in running for offices is encouraged to run. All officers are open for election, President, Vice President/Membership Chair, Secretary, Treasurer, Chaplain, Sgt. At Arms, Historian and 3 Executive Committee members. Thank you to all the Legion Family members, especially our Juniors and Young SONs that came out the St. Patrick's Day Parade. Thank you to all the members who have given their time and money to support of mission. This could not be done without ALL your dedication to service, not self. Please continue doing all the great things you do for our Veterans, Service members and children. **Volunteers you ROCK!** Remember to Purple Up for the Military Child on the 15th. Those of you with children in school, Virginia Department of Education will Purple Up on the 19th. Why purple you ask? Because purple indicates that all branches of the military are supported. Air Force blue, Army green, Navy blue, Marine red, and Coast Guard blue combine together as a single color, purple.

April

2nd Easter Egg Hunt and Party for Kids 1-2pm

4 Unit Meeting 7pm

7 Unit Dinner 6-8pm or until sold out

Spaghetti Bolognese, salad and dessert

15 Purple for the Military Child (wear purple)

16-22 National Volunteer Week

19 Purple for the Military Child (observed by Virginia Department of Education)

Service, Not Self, Mary Taggart Unit, President

HONOR GUARDS CORNER. March continued to be a busy month for the Honor Guard. During the recent Spring Conference, we were asked to teach flag etiquette and how to properly fold a flag to Juniors. We were a part of this year's Challenger League Baseball season opening. Honor Guard members participated in this year's Ocean View St. Patrick's Day Parade. We also took part in the Post quarterly Post everlasting ceremony. Final Honors were given to several Veterans. Please contact. Otha Newton, Colonel of the Guard, if you have any questions or need our services. For God and Country, Gene Niedholdt

CLUBROOM MANAGER: Hello everyone! Well spring is finally here and that means warmer weather so please watch for children playing, riding bikes and for all riders. March was a busy and very entertaining month, and it looks as if April is following suit. Refer to the newsletter for all upcoming events, dinners, lunches, entertainment, etc. Remember our kitchen is now open every evening. Wishing you and your family a very Happy Easter. For God and Country, Sandi Wright

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kitchen open Mon thru Thur and Sat 6 PM to ? Kitchen open Sundays 4 PM to ? \$1.00 Hot Dog Special Mondays 1 PM to 4 PM						<i>1</i> <div style="border: 1px solid black; padding: 2px; margin: 5px;">12:00 PM -3:00 PM Education Fair</div> 8:00 PM DJ the 'DJ' - 'Club Dance'
<i>2</i> 9:00 AM -11:00 AM Breakfast <div style="border: 1px solid black; padding: 2px; margin: 5px;">1:00 PM -2:00 PM Kids Easter Egg Hunt & Party</div> 1:00 PM Legion Bowling	<i>3</i>	<i>4</i> 6:30 PM ALA Exec Mtg 7:00 PM ALA Regular Mtg	<i>5</i> 7:00 PM 40/8 Promenade @ Post 327	<i>6</i> 12:00 PM -2:00 PM Lunch Special - Meatball Sliders	<i>7</i> 6:00 PM ALA Dinner - Spaghetti Bolognese <div style="border: 1px solid black; padding: 2px; margin: 5px;">7:00 PM Fun & Games in Clubroom</div>	<i>8</i> 7:30 PM Karaoke - Ricky Still
<i>9</i> <div style="border: 1px solid black; padding: 2px; margin: 5px; text-align: center;">HAPPY EASTER</div> NO BREAKFAST	<i>10</i> 7:00 PM Son's Executive Mtg 7:30 PM Son's Regular Mtg	<i>11</i> 7:00 PM Post Executive Mtg 7:30 PM Post Reg Mtg	<i>12</i>	<i>13</i> 12:00 PM -2:00 PM Lunch Special - Chicken Salad Wrap	<i>14</i> <div style="border: 1px solid black; padding: 2px; margin: 5px;">6:00 PM Kids Movie Nite in hall</div> <div style="border: 1px solid black; padding: 2px; margin: 5px;">6:00 PM Steak & Shrimp Dinner \$25 w/ Frank sings Frank</div>	<i>15</i> <div style="border: 1px solid black; padding: 2px; margin: 5px;">12:00 PM -3:00 PM Job Fair</div> 7:30 PM DJ - David Lane
<i>16</i> 9:00 AM -11:00 AM Breakfast 1:00 PM Legion Bowling	<i>17</i> 7:00 PM Honor Guard Mtg	<i>18</i>	<i>19</i> 6:30 PM VVA Chapter 48 Reg Board Mtg	<i>20</i> 12:00 PM -2:00 PM Lunch Special - Fish Sandwich 6:30 PM Legion Riders Mtg	<i>21</i> 6:00 PM SAL Dinner - Ham Dinner <div style="border: 1px solid black; padding: 2px; margin: 5px;">7:00 PM Line Dance Class in hall</div>	<i>22</i> 7:30 PM Karaoke - Ricky Still
<i>23</i> 9:00 AM -11:00 AM Breakfast 1:00 PM Legion Bowling	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i> 12:00 PM -2:00 PM Lunch Special - Ham Salad Cold Plate	<i>28</i> 6:00 PM Dinner - Steak Dinner 'Powerhouse fund raiser for Scotty' <div style="border: 1px solid black; padding: 2px; margin: 5px;">7:00 PM Paint & Sip in Hall</div>	<i>29</i> <div style="border: 1px solid black; padding: 2px; margin: 5px;">6:00 PM Celebration of Life for Scotty</div> 8:00 PM DJ / KJ - Harold Witham
<i>30</i> 9:00 AM -11:00 AM Breakfast 1:00 PM Legion Bowling	Kitchen open Mon thru Thur and Sat 6 PM to ? Kitchen open Sundays 4 PM to ? \$1.00 Hot Dog Special Mondays 1 PM to 4 PM					